

EHS PhD Sample Course Sequence

Entry to PhD with a MS Course Progression (Sample)

| Semester | Courses (Credits) |
|---------------------|--|
| Semester 1 (Fall) | EHS/NU 825-Advanced Research Methods (3) EHS/NU 770- Biostatistics II (3) EHS 787- Advanced Topics in EHS (3) |
| Semester 2 (Spring) | NU 705 Health Disparities (3) Elective (3) Elective (3) |
| Semester 3 (Fall) | EHS 898 Directed Research/EHS 899 Dissertation (6) |
| Semester 4 (Spring) | EHS 898 Directed Research/EHS 899 Dissertation (6) |
| Semester 5 (Fall) | EHS 898 Directed Research/EHS 899 Dissertation (6) |
| Semester 6 (Spring) | EHS 898 Directed Research/EHS 899 Dissertation (6) |
| Total Credits | 42 |

Entry to PhD with a BS Course Progression (Sample)

| Concentration (For MS Only) | Applied Exercise Physiology | Physical Activity and Health Promotion |
|--|---|--|
| Semester 1 (Fall) | EHS630 Advanced Fitness Assessment (3) EHS685 Applied Exercise Physiology (3) NU760 Biostatistics I (3) | EHS630 Advanced Fitness Assessment (3) EHS685 Applied Exercise Physiology (3) NU760 Biostatistics I (3) |
| Semester 2 (Spring) | EHS625 Quantitative Research Methods (3) EHS655 Advanced Physical Activity and Health (3) EHS680 Clinical Exercise Physiology (3) | EHS625 Quantitative Research Methods (3) EHS655 Advanced Physical Activity and Health (3) EHS670 Designing Exercise and Health Promotion Interventions (3) |
| Semester 3 (Fall) | EHS682 Exercise Metabolism (3) EHS825 Advanced Research Methods (3) NU770 Biostatistics II (3) EHS787 Advanced Topics in EHS (3) | EHS656 Advanced Nutrition and Health (3) EHS825 Advanced Research Methods (3) NU770 Biostatistics II (3) EHS787 Advanced Topics in EHS (3) |
| Semester 4 (Spring) | NU705 Health Disparities/NU757 Social and Behavioral Determinants of Health (3) Elective (3) EHS 898 Directed Research (3) | |
| Semester 5 (Fall) | Elective (3) Elective (3) Elective (3) EHS 898 Directed Research (3) | |
| Semester 6 (Spring) | EHS 899 Dissertation/ EHS 898 Directed Research (9) | |
| Semester 7 (Fall) | EHS 899 Dissertation (9) | |
| Semester 8 (Spring) | EHS 899 Dissertation (6) | |
| Total Credits | 75 | |